

dine with wine

two courses, including wine £13.50
three courses, including wine £17.50
main course only £9.50
additional wine charged at 3.50 per 125ml

wine

125ml house white; 125ml house red; 125ml house rose

starters

Soup of the day
Tomato & avocado salad
Salt & pepper chilli squid
Chicken liver & bacon pate, toast, red onion chutney

to follow

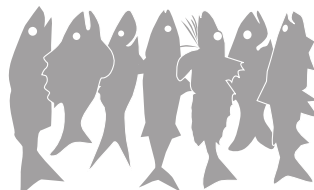
Mackerel fillet, new potato & artisan tomato saute, wholegrain mustard sauce
Minute steak, string fries, rocket, garlic & herb butter
Thai style fishcake, Asian slaw
Asparagus & feta quiche, Mediterranean pearl cous cous

sides @£3.50 each

thick cut chips; skin on string fries; new potato & artisan tomato saute,
artisan tomato, rocket & Twineham Grange "parmesan" style cheese salad; house salad;
wilted spinach; chargrilled vegetables; stir fry sprouting broccoli, pak choi, chilli, ginger, soy
Mediterranean pearl cous cous

to finish

Selection of ice creams (2 scoops)
Blueberry & custard tart, clotted cream
Chocolate pot, shortbread biscuit



SEVEN FISH
canteen • bar • grill
simple honest food and drink

Dine with wine menu is available Monday to Thursday 12noon to 7.30pm. Friday & Saturday 12noon - 4.30pm
Qualifying offer is starter & main course or main course & dessert.
Not valid in conjunction with any other offer. Menu does not attract loyalty points.